

You need a capital letter for things  
such as:

**Days of the week and months,**

**Films and TV programmes,**

**Song titles and titles of books,**

**Titles and sub-headings.**

**Initials need capital  
letters such as The  
Big Friendly Giant –  
BFG.**

**All direct speech, that you  
use in stories and for  
quotes should start with a  
capital letter, after the  
opening speech mark.**

**You need a capital letter for  
places – towns, cities,  
countries, continents, planets.  
Also, names of rivers, seas,  
oceans etc.**

Every sentence starts with a capital letter.

So there should always be a capital letter after a full stop, question mark or exclamation mark.

You also need a capital letter for the word 'I'.

You need a capital letter for names of people, including middle and last names.