



# ***Bystanders***



***Classroom Guidance***

A Complete Resource For Student & Teacher

# Recap

1. What Cyber Bullying Is.
2. Examples Of Cyber Bullying.
3. How To Avoid It.
4. How To Deal With it.



# A Good Bystander

50 sec



# You Will Learn

- What A Bystander Is.
- The Role Of The Bystander.
- Ways That Bystanders Can Help Stop Bullying.





# Discussion 1

In A Bullying Situation What Do You Think A Bystander Is?





# Answer :

Any Person Who Witness Bullying Happening,  
Who Can See And Hear It For Themselves But  
Are Unsure What To Do About It.





## Discussion 2

A group of approximately ten meerkats are standing on a large, light-brown rock. They are all standing on their hind legs, looking in various directions. The background is a clear blue sky with some sparse, dry vegetation visible on the right side. The meerkats have light brown and tan fur with darker stripes on their backs and faces.

Have You Ever Been A Bystander?







**Answer :**

The Chances Are High That You Have Been.  
Most Students Have Witnessed Bullying.





# Discussion 3

What Would You Do As A Bystander In A Bullying Situation?



**Options**

*Help?*

Or

*Look The Other Away?*



*Classroom Guidance*

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# Why People Don't Get Involved

- They Are Too Frightened – Are Afraid Of Being The Bully's Next Victim..
- They Are Too Frightened Of Acting On Their Own Without The Support Of The Other Students.



# Why People Don't Get Involved

- They Think That If Nobody Else In The Class Is Objecting, It Must Be Ok. (Bystander Apathy).
- The School Hasn't A Culture Of Supporting People.



# Why People Don't Get Involved

- They Feel It Is None Of Their Business.
- They May Believe That It's The Teacher's Job Anyway.
- They Don't Feel Confident That They Can Stop The Bullying.



# Positives Influence Of Bystanders

Bystanders May Have A Positive Influence And Stop Bullying Behaviour By The Following Actions...





A young man with light skin and dark hair, wearing a blue baseball cap and a red jacket, is holding his right hand up in a 'stop' gesture. He is looking directly at the camera with a serious expression. The background is plain white. There are faint, diagonal watermark lines across the image.

**DO :**

**Do** : Say “No” Or “Stop” When You See Someone Behaving Unfairly.

**Do** : Tell When You Know A Student Is Suffering From Being Bullied (It’s Not “Ratting” It’s Helping).

**Do** : Include People Who Are Being Left Out.



# Do Not :

- **Do Not** Join In The Bullying Behaviour By Laughing Or Slagging.
- **Do Not** Cheer On Bullying Or A Fight.
- **Do Not** Stay In A Dangerous Situation, E.G. A Fight.  
Get Help Immediately From An Adult.
- **Do Not** Bully The Bully.





# How Can I Be A Good Bystander?

Think about Patricia's Story!!

In this situation how can you be a good bystander?  
Don't Use Responses That Are Aggressive  
Or Ineffective.



# Role Play - Warm Up

- Everyone Stand Up
- Shake Your Right Arm 8 Times
- Shake Your Left Arm 8 Times
- Shake Your Right Leg 8 Times
- Shake Your Left Leg 8 Times
- Shake Your Right Arm 4 Times
- Shake Your Left Arm 4 Times
- Shake Your Right Leg 4 Times
- Shake Your Left Leg 4 Times





The background of the slide features black silhouettes of several people in various dynamic poses, suggesting dancing or movement. These silhouettes are set against a white background. A large, semi-transparent white rectangle is positioned in the center, containing the main text and a list of instructions. The overall theme is energetic and active.

# Role Play - Warm Up

## Shake Your

- Right Arm 2 Times
  - Left Arm 2 Times
  - Right Leg 2 Times
  - Left Leg 2 Times
  - Right Arm And Left Leg 4 Times
  - Left Arm And Right Leg 2 Times
  - Right Leg, Left Arm And Right Arm 2 Times
  - Right Leg, Left Arm, Left Leg And Right Arm Once
- 
- Now Sit Down



# Bullying Role Playing

## Setting The Stage

You Are Between Classes And You Are Waiting For The Teacher In A Classroom.





# The Characters



# John



- Sitting Quietly Minding His Own Business





# Ger



- Ger Is The Biggest Bully In The Group. He Starts It Off, Calling John Gay.
- The Rest Of The Group Are Afraid To Stand Up To Him.

# Ray



- Thinks Ger Is Cool, Wants To Impress Him And Knocks Johns Books Off His Desk.
- Ray Enjoys “Messing” With John.





# Eddie



- Eddie Joins In And Calls John Gay. He's Afraid Of Ger And Ray. He Thinks If He Doesn't Join In They'll Start On Him Next.
- He Doesn't Like What They're Doing To John But Is Too Afraid To Stop.



**Joe**



**Kate**



**&**

**Edel**



- Laugh When The Boys Start Bullying John.





# Mary



- Mary Asks The Boys To Stop Bullying John.



# Anne



- Anne Supports Mary And Asks The Boys To Stop Too.





# Frank



- Frank Supports Anne And Mary And Decides After Class To Tell The Teacher Privately What Is Happening.



# Bullying Role Play

## Scene 1 : “The Bullying Starts”

- Ger Starts Off Bullying John Calling Him Gay.
- Ray Knocks John’s Books Off His Desk.
- Eddie “Ups” The ‘Slagging’.
- Joe, Kate And Edel Laugh Along.





# Bullying Role Play

## Scene 2 ; “The Bullying Is Challenged”

- Mary Asks The Boys To Stop Bullying John.
- Anne Supports Mary And Asks The Boys To Stop Too.
- Frank Supports Anne And Mary And Decides After Class To Tell The Teacher Privately What Is Happening.



# The Play

- Pick Your Characters.
- Spend Some Time Figuring Out Your Lines.
- If You Don't Have A Part, **Do Not** Join In, Laugh Or Cheer On The Bullying.
- When You Are Ready, Begin The Play.





# Discussion

- As A Class Discuss The Five Questions Below Then Fill In Your Answers In B11. (P16).
- *How Did You Feel About Your Role?*
- *Do You Think Mary, Anne And Frank Were Good Bystanders?*



# Discussion

- When Might It Be Become Unsafe For Anne, Mary And Frank To Continue Intervening As Bystanders?
- What Should They Do In That Situation?
- Are Joe, Kate And Edel Making Things Better Or Worse?





# We Have

- Identified The Role Of The Bystander.
- Became Aware Of Ways That Bystanders Can Help Stop Bullying.
- Learned About How To Be A Good Bystander.



A low-angle, close-up photograph of several hands clasped together in a supportive grip against a clear blue sky. The hands are adorned with various bracelets, including black leather straps, beaded necklaces, and metal cuffs. The image conveys a sense of unity and mutual support.

# Class Reminder

- Although You May Not Have Stopped The Bullying At The Time, The **Support** You Have Given The Victim May Make **All The Difference To Them**.
- You May Give Them The **Confidence** To Stand Up For Themselves When They Are Most Under Pressure, Or They May **Benefit** From The Moral Support You Have Provided.

