

#Bullying

Types Of Bullying



Recap

Bullying Is HARD:

Hurtful
Aggressive
Repeated
Deliberate

- How To Report Bullying
- The Procedures

In This Unit You Will Learn

Types Of Bullying

1. Verbal
2. Physical
3. Psychological
4. Racial
5. Sexual
6. Cyber
7. Homophobic
8. Relational

Be Able To Give Examples
Of Each



Verbal:



Anything Hurtful Said To You Or Directed At You.

VERBAL ABUSE CAN BE JUST AS HORRIFIC. BUT YOU DON'T HAVE TO SUFFER IN SILENCE. CALL THE AWARE HELPLINE FOR ADVICE AND SUPPORT, MONDAY TO FRIDAY FROM 3PM TO 9.30PM ON 1800 774 5935.



A photograph of two young men in a school hallway. The man on the left is wearing a maroon long-sleeved shirt with white trim on the collar and cuffs. He is looking towards the right with a serious expression. The man on the right is wearing a blue button-down shirt over a white t-shirt. He is pointing his right index finger at the first man's chest. The background shows rows of light blue school lockers.

Physical:

Anything That Hurts You Or Damages Your Property.





Psychological:

Anything Which Affects How You Think About Yourself.





Racial:

Anything That Insults Your Race, Religion,
Culture Or Background.





Sexual:

Inappropriate Or Unwanted Touching Or Comments.





Relational:

Damaging Friendships e.g. Exclusion, Isolation.



Homophobic:

Anything That Offends Or Insults A Person's Sexual Orientation.



Cyber:

Bullying Using Electronic Forms Such As Texting,
Facebook And Email.



Bullying By Text Is Cyber Bulling

29 sec



Case Study

Read Patricia's Story

Then, As A Class, Discuss The Following Questions:

1. *What Do You Think This Story Is About?*
2. *What Bullying Behaviours Did Patricia Experience?*
1. *Why Do People Bully?*
2. *What Does Bullying Feel Like?*
3. *Is Bullying Ever Justified?*



Examples Of Bullying

Find An Example Of Each Category Of Bullying In Patricia's Story To Complete B4. (P 6/7)

1. *Verbal*
2. *Physical*
3. *Psychological*
4. *Racial*
5. *Sexual*
6. *Cyber*
7. *Homophobic*
8. *Relational*



We Have Learned

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To Be Able To Give Examples
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To Sum Up



WRONG
WAY

Bullying Is Not Normal Or Acceptable
And Is Always Wrong.

If You Are Being Bullied Tell A
Teacher Or An Adult.

