

## Careers Newsletter April 2018

### Dates to note:

- **Subject choice workshops** will take place from 17<sup>th</sup> -23<sup>rd</sup> April. TY students should check the TY notice board on Monday 16<sup>th</sup> for details of time and venue. Students on the Italian Exchange will be seen separately and 3<sup>rd</sup> Year students who are going into 5<sup>th</sup> Year will be notified of their workshop details.
- **Thursday 26<sup>th</sup> April:** Subject Choice Information Night for parents- 7pm
- **Friday 4<sup>th</sup> May:** Deadline for 5<sup>th</sup> year subject choice- all students will attend a 2 hour workshop and receive a copy of the subject choice handbook after Easter.
- **SUSI** online grant applications may be made for new applicants from now until 12<sup>th</sup> July.
- **Tuesday 1<sup>st</sup> May:** DCU Open Day for TY students (100 students to attend)
- **Saturday 5<sup>th</sup> May:** C.A.O. change of mind facility opens.
- **Sunday 1<sup>st</sup> July:** Close of C.A.O. change of mind facility.
- **Wednesday 15<sup>th</sup> August:** Leaving Cert results will be issued.
- **Monday 20<sup>th</sup> August:** Round one offers will be issued by the C.A.O.

### Summer Schools:

June 11<sup>th</sup>-15<sup>th</sup>: Maynooth Summer School for 5<sup>th</sup> Year Students- book online from now - [www.maynoothuniversity.ie/summerschool](http://www.maynoothuniversity.ie/summerschool)

June 5<sup>th</sup> - 8<sup>th</sup>: UCD Summer School for 5<sup>th</sup> Year students- booking open now.

**Open Days:** Please see below a list of the main upcoming open days. We would strongly encourage 5<sup>th</sup> and 6<sup>th</sup> years to attend at least 2-3 open days as it will be of great benefit to them when it comes to finalising their CAO applications. In order to make the most of their open day experience students should check the college websites in advance for timetables, maps etc. It is vital that they plan

their day. Also please note some colleges are taking bookings for campus accommodation so please check college websites for information.

**Attendance:** Full school attendance is absolutely essential as teachers will be working until the end of term both to complete and revise courses.

**Part time work:** We would strongly advise against students working part-time. Studies have shown that part-time work has a significant negative impact on Leaving Certificate grades. Preparing for the Leaving Certificate is a full time job!

**Lifestyle: Sleep, Eat, Exercise:** The Leaving Cert can be a stressful time for students. Please keep an eye on sleep patterns, diet, lifestyle. We suggest keeping the bedroom a technology free zone at night as it has been proven that sleep patterns are effected by over use of screens, especially in the 2 hours prior to bedtime. If you have any concerns about your son or daughter don't hesitate to contact the school.

**Research:** There are several websites which students can use to conduct career research. The most useful are [cao.ie](http://cao.ie), [qualifax.ie](http://qualifax.ie) and [careersportal.ie](http://careersportal.ie).

**Language Exemptions:** If your son or daughter is exempt from Irish or a 3<sup>rd</sup> language and is applying to college they may need to obtain an exemption from the college. It is the students responsibility to inform their Guidance Counsellor of their exemption so that we can assist them in applying to either the NUI or relevant university for the exemption to be recognised.

**Grants:** SUSI (Student Universal Support Ireland) administer grants for all third level and FETAC level 5 courses. Applications to SUSI may be made online at [www.susi.ie](http://www.susi.ie) from now until July 12<sup>th</sup>.

**Eunicas:** Students who are interested in studying in another EU country (through English) should register with [Eunicas.com](http://Eunicas.com). Entry requirements can be lower and grants may be available, depending on where the college is located.

### **Open Days:**

14 <sup>th</sup> April:	DCU Spring Open Day
28 <sup>th</sup> April:	Maynooth University Spring Open Day
26 <sup>th</sup> June:	DCU Summer Open Day
23 <sup>rd</sup> June:	Maynooth University Summer Open Day

**NB: This is not a complete list- check Qualifax and College websites for more information.**