

## **CSPE/SPHE TEACHERS**

### ***ACTIVE SCHOOL FLAG***

WOULD YOU BE INTERESTED IN PARTICIPATING IN THE FOLLOWING PROJECTS IN YOUR CSPE/SPHE CLASS. THE PROJECTS COULD BE WRITTEN UP AND COMPLETED FOR THE JUNIOR CYCLE CSPE EXAMS! **If interested please projects would have to be completed by March 2017.**

#### ***Project 1: COMMUNITY MAPPING!***

1. Evaluate the number of students that joined local clubs as new members and participated in community physical activity events.
1. Investigate the physical activity opportunities that are available in the area.
2. Collate and display information so it is easily accessible to the whole school.
3. Meet with local sports partnerships to discuss school community links
4. Invite representatives from local clubs and facilities to visit the school and talk at assemblies or class time
5. Invite representatives from local clubs and facilities to visit our school and give 'taster sessions' of their sports/activity in P.E lessons, lunchtimes or as part of extra-curricular programme.

### **Project 2: Awareness Campaign**

Students to create whole school awareness campaign about the benefits of physical activity incorporating the following key message.

1. Students need 60 minutes of exercise everyday
2. Physical activity improves concentration and improves academic performance
3. Physical activity improves positive mental health.

### **Project 3: Inclusive physical activity**

1. Organise student led project in the area of inclusion
2. Organise inclusive physical activity audit of the school and the local community.
3. Launch a campaign to raise awareness about people with disabilities.
4. Organise set of lesson plans for inclusive activity in the P.E programme.

If you are interested in becoming involved in any of the above projects please will you sign the sheet below?

Name: \_\_\_\_\_

Year Group: \_\_\_\_\_

Class: CSPE/SPHE

Circle the project and the part you are interested in.

Community Mapping   Awareness campaign   Inclusive physical activity

Part 1

Part 2

Part 3

Part 4

Part 5

Part 6